



4405 East West Highway, Suite 502  
Bethesda, MD 20814  
(240)479-4894

**Client Name:**

**Date:**

### **GROUP FINANCIAL AGREEMENT**

*Payment will always be due prior to the start of the group, workshop or series. Therapy and Mindfulness Practices, LLC does not carry balances or offer payment plans. We accept all major credit cards. Credit card information is kept on file for all clients. Prior to the first session, we will request your credit card information.*

#### **GROUP FEES**

Group intake (1 hour) \$190- required for clients new to the practice.

Group membership fee (covers one's spot in the group and up to 3 groups a month)  
\$165 per month.

#### **GROUP PSYCHOTHERAPY**

Psychotherapy groups are process-oriented groups. The facilitator may use the group to teach coping skills or present a topic to the group but the group is always meant to be a safe space for members to process feelings and events with one another. Group fees are charged monthly at the rate of \$165, payable by recurring monthly credit card auto-payment. Meghan holds 3 groups per month. A portion of the cost may be reimbursable by insurance. Superbills for *attended sessions* can be provided with CPT code 90853. Please be aware that superbills do require a diagnostic code.

#### **PSYCHOEDUCATIONAL GROUPS**

Psychoeducational groups are designed to educate clients. Groups are focused on a specific topic (ie- a diagnosis, mindfulness, etc). The group is meant to be a space for learning and practicing skills. Group fees are charged monthly at the rate of \$165, payable by recurring monthly credit card auto-payment. Meghan holds 3 groups per month. \*Psycho-educational groups are not reimbursable through insurance therefore we cannot provide superbills.

#### **CANCELLATIONS/ NO SHOWS**

The group is a weekly commitment and your attendance is expected weekly unless prior to a prior obligation has been discussed with your group facilitator. If you are unable to attend the group for any reason, you **MUST** notify your facilitator (e-mail address or by phone). All groups, including workshops, follow the practice's 48-hour cancellation policy.

\*Multiple no shows to a group may result in dismissal from the group.



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**GROUP MEMBERSHIP**

All groups at Therapy and Mindfulness Practices LLC require a monthly membership. Monthly membership covers up to 3 groups a month. Group members will receive an email at the end of the month informing them of group dates scheduled for the following month. Group spaces are limited. Group membership covers one's spot in the group, therefore if you need to cancel your membership, we require that you do so before the first of the month. A monthly charge of \$165 will be applied to your account the first of the month, regardless of group attendance that month, unless otherwise specified.

*Group sessions cannot be prorated or refunded.* Should you need to cancel your membership, please give notice prior to the first of the month.

*I understand and agree with the above.*

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Client Name	Signature	Date
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Guardian Name	Signature	Date
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Guardian Name	Signature	Date
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Staff Witness Name	Signature	Date
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